

Rabbi Dr. Jana De Benedetti's Hebrew Aleph Bet Helper Chart

Description	Number	Sound	Name	Cursive Form	Block Form	Book Form
Pointing in all directions, silent (glottal stop)	1	'	Aleph	א	א	א
Base at Bottom Bar goes Beyond Ball in Belly or BellyButton	2	B	Bet	ב	ב	ב
Void or Vacuum in Bet	(2)	V	Vet	ב	ב	ב
Gap at the bottom	3	G	Gimmel	ג	ג	ג
Dingle Dangle Doohickey	4	D	Dalet	ד	ד	ד
Hole Here and Hanging {silent at end of word}	5	H	Heh	ה	ה	ה
Very narrow, Very straight	6	V	Vav	ו	ו	ו
Zig-Zag	7	Z	Zayin	ז	ז	ז
(none of the above)	8	H	Het	ח	ח	ח
Tear at the Top	9	T	Tet	ט	ט	ט
You are teenY tinY	10	Y	Yod	י	י	י
Curved with Cough drop	20	K	Kaph	כ	כ	כ
kaph with sore throat	(20)	KH	KHaph	כ	כ	כ
kaph with sore throat [end of word]	(20)	kh	Final Khaph	כ	ך	ך
taLlest Letter with L shaped Lookout	30	L	Lamed	ל	ל	ל

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Description	Number	Sound	Name	Cursive Form	Block Form	Book Form
Mountain with Missile and bottoM Missing	40	M	Mem	מ	מ	מ
MarshMallow [end of word]	(40)	m	Final Mem	ם	ם	ם
Narrow Nose with Nostril	50	N	Nun	נ	נ	נ
Narrow Nose No Nostril below liNe [end of word]	(50)	n	Final Nun	ן	ן	ן
Circular or Sliced	60	S	Sameh	ס	ס	ס
quiet as an eye silent (voiced glottal stop)	70	ʔ	Ayin	אָ	ע	ע
Profile of Person with Pill in mouth	80	P	Peh	פּ	פ	פ
Fangs in Front Feel the air Flow	(80)	PH	PHeh	פּ	פ	פ
Fangs in Front below line [end of word]	(80)	ph	Final PHeh	ף	ף	ף
twisted preTZel	90	TZ	TZadee	צ	צ	צ
twisted preTZel below line [end of word]	(90)	tz	Final TZadee	ץ	ץ	ץ
looks like Q	100	Q	Qoph	ק	ק	ק
Rounded	200	R	Resh	ר	ר	ר
Shoosh out of your teeth Shine; SHe is always right	300	SH	SHin	שׁ	ש	ש
SSS air out of your teeth Sun; no Sin to be a lefty	(300)	S	Sin	שׁ	ש	ש
aTTached at Top left, and a Tail or Toe aTTached at boTTom left	400	T	Tav	תּ	ת	ת