

❁ Blessings For Eating Food ❁

HAMOTZI (Blessing Before Meal with Bread) 🍞

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

*Praised are You, A-do-nai our God, Ruler of the universe,
Who brings forth bread from the earth.*

M'ZONOT (Before Eating Cakes and Pastry) 🍰

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא מִיְּנֵי מְזֻנוֹת.

*Praised are You, Adonai our God, Ruler of the universe,
Creator of different kinds of foods.*

HAGAFEN (Before Eating Fruit of the Vine) 🍷

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרֵי הַגֶּפֶן.

*Praised are You, Adonai our God, Ruler of the universe,
Creator of the fruit of the vine.*

HA'ETZ (Before Eating Food From Trees) 🌳

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרֵי הָעֵץ.

*Praised are You, Adonai our God, Ruler of the universe,
Creator of the fruit of the tree.*

HA'ADAMAH (Before Eating Food From the Ground) 🌾

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרֵי הָאֲדָמָה.

*Praised are You, Adonai our God, Ruler of the universe,
Creator of the fruit of the ground.*

SHEHAKOL (Before Drinks (not wine) or Foods Not From Soil or Trees) 🥛

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
שֶׁהַכֹּל נִהְיָה בְּדִבְרוֹ.

*Praised are You, Adonai our God, Ruler of the universe,
that everything is according to God's word.*

BIRKAT HAMAZON (One Sentence Only - Blessing After Meals) ❁

All living things need food. Thank you G-d, Source of food for all:

בְּרוּךְ אַתָּה ה' הֵזֵן אֶת הַכֹּל.