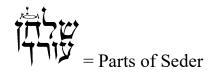
B'nai Zion 5782 / 2022 Passover Seder





Things to Do

■ Songs to Sing

? = Somehing to Think About

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This Haggadah has been used for many years at B'nai Zion. Each year there are modifications to it – sometimes there are corrections, but there are also things that apply to that specific year.

Some at our table observe this holiday every year, and some are experiencing it for the first time. Some of us are Jewish, others are not. Passover is enjoyed by people of various faiths because freedom is at the core of each of our stories. We are deeply grateful to those who provide love and support to their Jewish partners, families and friends. We offer special thanks to those who are raising their sons and daughters with Jewish identity, and everyone who is living a Jewish life, or supporting "Jew-ish" ways to ensure the survival of Judaism.

When we experience Passover, it reminds us of many things:

We were slaves. We were freed.

Plagues end.

Freedom means being together.

When we were freed we gained new responsibilities.

Our history is our story. The story influences our choices now.

When we share the story we learn from each other.

When we tell our story to our children it can strengthen us and their future.

Tonight we relive our story and share memories through the senses: tasting, smelling, touching, seeing, and hearing the memories of freedom.

We do not know what will be tomorrow, but we remember that we have been through a lot, and we can continue to hope.

We are grateful for everyone who helped to cook, setup or coordinate the Seder.

We are grateful to everyone who is attending the Seder: in-person or online.





Please rise* for the blessings of the candles and the first cup of wine

There are two blessings we say for lighting the holiday (and Shabbat) candles:

? = Can you sing the Hebrew blessings with your eyes closed?

Candle Blessing
Yom Tov (and Shabbat)

בֿוֹלָקַת גֵרוֹת גֹּלֹב

Eloheinu melech ha-olam, אֶלֹהֵינוּ מֶלֶדְ הָעוֹלָם,
asher kid'shanu b'mitzvotav, אֲשֶׁר קִדְּשֶׁנוּ בְּמִצְוֹתָיוּ,
v'tzivanu l'hadlik

neir shel (Shabbat v'shel) Yom Tov. נֵר שֶׁל (שַׁבָּת וְשֶׁל) יוֹם טוֹב.

Praised are You, our Eternal God, Ruler of the universe, who makes our lives holy with Your commandments, and commands us to kindle these (Shabbat and) holy day lights.

Baruch atah A-do-nai,

ָבָרוּךְ אַתָּה ה',

Eloheinu melech ha-olam, shehecheyanu v'ki'manu v'higi-anu laz'man hazeh.

אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזִּמֵן הַזֵּה:

Praised are You, our Eternal God, Ruler of the universe, Who has given us life and kept us alive and permitted us to reach this special time.



Our Freedom: The First Cup/Kadesh



We drink the first of four cups to recall God's promise of redemption: "I am A-do-nai, and I will redeem you from the burdens of the Egyptians." (Ex 6.6)

(On Friday night begin here)

Vay'hi erev vay'hi voker yom hashi-shi. וַיָּהָי עַרָב וַיִּהִי בַקָּר יום הַשְּשִׁי, Vay'chulu hashamayim וַיִּכְלוּ הַשְּמֵים v'ha-aretz v'chol-tzva-am. וָהַאַרָץ וְכַל-צְבַאַם: Vay'chal Elohim bayom hashvi-i וַיָּכֵל אֱלֹהָים בַּיּוֹם הַשָּׁבִיעִי, m'lachto asher asah, מַלַאכִתּוֹ אֲשֵׁר עֲשֵׂה, vayishbot bayom hashvi-i, וַישִבת בַּיום הַשְּבִיעִי, mikol-m'lachto asher asah. מְכַּל-מְלַאַכְתּוֹ אֲשֶׁר עֲשֶׂה: Vay'vareich Elohim, ויברד אלהים, et-yom hashvi-i vay'kadeish oto, אָת-יוֹם הַשָּׁבִיעִי וַיִּקְדֵּשׁ אֹתוֹ, פִי בוֹ שָׁבַת מִכָּל-מִלַאכִתּוֹ, ki vo shavat mikol-mlachto, asher-bara Elohim la-asot. אשר-ברא אלהים לעשות:

There was evening and there was morning, the sixth day. The heavens and the earth and all they contain were completed. On the seventh day, God rested from all the work God had done and everything that God had made. And God blessed the seventh day and made it holy, because it was the day on which God rested from all of God's creation.

Baruch atah A-do-nai, בְּרוּךְ אַתָּנֶה ה',
Eloheinu melech ha-olam, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
borei p'ri hagafen.

Praised are You, our Eternal God, Ruler of the universe, who creates the fruit of the vine.

Baruch atah A-do-nai, , יָּברוּדְ אַתָּה ה',
Eloheinu melech ha-olam, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם,
asher bachar banu mikol-am, אַשַׁר בַּחַר בַּנוּ מִכַּל-עַם,

v'rom'manu mikol-lashon, וָרוֹמִמֵנוּ מִכַּל-לַשוֹן, v'kid'shanu b'mitzvotav. וָקְדָשַׁנוּ בִּמִצְוֹתַיוּ. וַתִּתֵּן-לָנוּ ה' אֱלֹהֵינוּ vatiten-lanu A-do-nai Eloheinu b'ahavah Shabbatot באהבה שבתות lim'nuchah umoadim למנוחה ומועדים l'simchah, chaqim uz'manim לִשְּׁמְחָה, חַגִּים וּזְמַנִּים l'sason, et yom haShabbat לששון, את יום השבת hazeh v'et vom chag hamatzot הַזֶה וָאָת יוֹם חַג הַמַּצוֹת hazeh. Z'man cheiruteinu הזה. זמן חרותנו b'ahavah, mikra kodesh, בָאַהַבַּה, מִקְרֵא קֹדֵשׁ, zeicher litzi-at mitzrayim. זֵכֵר לִיצִיאַת מִצְרַיִם. Ki vanu vacharta v'otanu kidashta כִּי בַנוּ בַחַרִתַּ וְאוֹתַנוּ קְדַּשְׁתַּ mikol-ha-amim. V'Shabbat מָכַּל-הַעַמִים. וְשַבַּת umo'adei kod'shecha b'ahavah ומועדי קדשה באהבה uv'ratzon b'simchah וּבַרצוֹן בַּשִּׁמְחַה וּבְשָּׁשׁוֹן הִנְחַלְתָּנוּיּ uv'sason hinchaltanu Baruch atah A-do-nai, m'kadeish בָּרוּךְ אַתָּה ה', מִקַדֵּשׁ haShabbat v'yisra-eil v'hazmanim. הַשַּבַּת וִישִּׁרָאֵל וְהַזְּמַנִּים

Praised are You, Eternal our God, Ruler of the universe, who has chosen us from among the peoples, exalting us by hallowing us with mitzvot. In Your love, Adonai our God, You have given us Shabbatot of rest, feasts of gladness and seasons of joy; this Shabbat day and this festival of Pesach, season of our freedom, a sacred occasion, a remembrance of the Exodus from Egypt. For You have chosen us from all the peoples and consecrated us to Your service, and given us Shabbat, a sign of love and favor, and the Festivals, a time of gladness and joy.

Praised are You, Adonai, who sanctifies Shabbat, Israel, and the Festivals.

Drink the first cup of wine -- The Cup of Freedom.



Washing Our Hands / Urchatz



According to ancient custom, we wash our hands, but no blessing is recited. Washing our hands is a way of showing that we hope to purify our hearts, and not just our hands. It is also a way of feeling clean and ready to take part in the Seder. We have created a new tradition: Instead of passing around a cup with water, we will pass around hand sanitizer. We plan to "pass over" many plates and foods to each other, but we do not want to be plagued with illness. Please clean your hands.



Dipping the Greens / Karpas



We taste the greens of Spring which we dip into salt water – the remembrance of the tears shed by our ancestors enslaved in Egypt.

? = Can you think of another symbolic reason for dipping at this point in the Seder?

Everyone may now take some greens and dip them in salt water. Before we can eat the greens, we must say the blessing:

Baruch atah A-do-nai, בָּרוּדְ אַתָּה ה',
Eloheinu melech ha-olam, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם,
borei p'ri ha-adamah. בּוֹרֵא פְּרִי הָאֲדָמָהּ

Praised are You, our Eternal God, Ruler of the universe, who creates the fruit of the earth.

Remember to lean (to the left, if you can) while you eat. Slaves could not relax while they ate. As we eat comfortably we remember that we are free.

Special eating treat: you may now eat the egg - since they it is also a symbol of spring. (Don't eat Matzah yet)



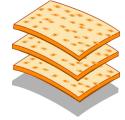


Breaking Matzah & Hiding Afikoman

In Egypt we were poor and had to divide our portions. Now we remember to share our portions with those who are hungry or poor.







Show the plate with the three matzot and raise the middle matzah for all to see. Break the middle matzah in half, and hide half as the Afikoman to be searched for and shared after the meal.



Why do we hide part of the matzah? We put it aside for later - in a sense it is like investing in our future. We hope that the things we set aside as special (like our Judaism) are things that our children will want to pursue.

Why do we break our matzah before we even get to tell about it? The rabbis teach:

Israel was redeemed from Egypt because of these merits:

- Our ancestors did not change their names;
- Our ancestors did not change their language.
- We set aside the broken portion of the matzah to remember that what seems lost may be recovered, and what seems broken may be a blessing.



Lift the plate with the three matzot while we read a little bit

Telling the Story / Maggid

This is matzah -- the bread of affliction -- the bread of poverty and sorrow -- that our ancestors ate when they were slaves in the land of Egypt.

Matzah is special bread made without leaven or yeast so it cannot rise. We eat matzah because it reminds us that we had to escape from Egypt so quickly that there was no time for bread to rise. It also reminds us of the poor food we ate when we were slaves.

Let anyone who is hungry come and eat. Let anyone who is a stranger, anyone in need or want, share with us the hope of Passover. For we know how it feels to be a stranger in a strange land. Now we feel as if we are still like slaves. Next year we hope to be truly free.



Put down the matzot.

We learn how to feel compassion for the stranger, and we know how to feel compassion for those who are ill or in pain.:

Prayer for Healing: Remembering those who are ill or recuperating

Merciful God, we pray to you for the recovery of all who are facing illness or pain. We join our prayers with all who love them. Grant them renewed strength and courage. Strengthen in them the healing powers You have placed within us all. Grant them a r'fu-ah sh'lei-mah, a complete recovery. May healing come speedily. May the knowledge of Your love and ours give added hope to them and to their dear ones. May they find even greater strength because our prayers are linked to theirs. Guide the hearts and hands of those who are entrusted with their care.

Baruch atah A-do-nai,

בַרוּדְ אַתַּה ה',

Rofeh hacholim.,

רוֹפֶה הַחוֹלִים.

We praise You, Eternal God, the Source of healing and health.

We listen to the names of those whose Yahrzeits fall this week. We remember all generations, especially those no longer with us at the Seders.. Please rise as we praise God, and remember our ancestors and everyone who had been a blessing to humanity.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba (**Amen**)

יִתְגַּדַל וִיִתְקַדַשׁ שָׁמֵה רַבַּא. (אַמָן)

b'al-ma div-ra khi-ru-teiv'yam-likh mal-khu-tei

בַּעַלְמַא דִּי בָרֵא כָרְעוּתֵהּ, וְיַמְלִידְ מַלְכוּתָהּ.

b'ha-yei-khon uv'yo-mei-khon uv'ha-yei d'khol beit Yis-ra-el,

ba-'a-ga-lah u-viz-man ka-riv v'im-ru: Amen.

בָּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבַחַיֵּי דְכַל בֵּית יִשְׁרָאֵל,

בַּעַגַלַא וּבִזְמֵן קַרִיב וָאָמָרוּ **אַמֵן**

Y'hei sh'mei ra-ba m'va-rakh l'a-lam

יהא שמה רבא מברד לעלם ולעלמי עלמיא:

u-l'al-mei al-ma-ya.

יִתְבַּרַדְ וִיִשְׁתַבַּח, וִיִתְפַּאַר וִיִתְרוֹמַם וִיִתְנַשֵּא,

Yit-ba-rakh, v'yish-ta-bah, v'yit-pa-ar v'yit-ro-mam v'yit-na-sei,

וִיתְהַדָּר וִיִתְעַלֶּה וִיִתְהַלָּל שְׁמֶהּ דְּקָדְשַׁא, בְּרִידְ הוּא

v'yit-ha-dar v'yit-a-leh, v'yit-ha-lal sh'mei d'kud-sha, b'rikh hu,

ַלְעֵלַא מָן כַּל בִּרְכַתַא וְשִׁירַתַא,

l'ei-la min-kol-bir-kha-ta v'shi-ra-ta. tush-b'kha-ta v'ne-he-ma-ta

da-'a-mi-ran b'al-ma v'imru: Amen.

ַתַּשִּבָּחָתָא וְנֵחֱמָתָא, דַּאֲמִירָן בִּעַלְמָא, וְאָמִרוּ **אָמֵן**:

Y'hei sh'la-ma ra-ba min sh'ma-ya v'ha-yim a-lei-nu v'al-kol-Yis-ra-el, v'im-ru: Amen.

יָהֶא שָׁלַמֵּא רַבַּא מָן שִׁמַיַּא וְחַיִּים עַלְיֵנוּ וְעַל כַּל יִשְׁרַאֶל,-וָאָמָרוּ **אַמֵּן**:

O-seh sha-lom bim-ro-mav hu ya-a-seh

עשה שלום במרומיו הוא יַעשה

sha-lom a-lei-nu, v'al kol Yis-ra-el, v'im-ru.

שַׁלום עַלַיֵנוּ וְעַל כַּל יִשְׂרָאֵל, וְאָמְרוּ אָמֶן: Amen

You may be seated. Please pour the second cup of wine. We will not drink it until later..



The Four Questions

Mah nishtanah מַה נִשִּׁתַנַה

ha-laylah hazeh mikol ha-leilot? הַלַּיַלות!

Why is this night different from all other nights?

Sheb'chol ha-leilot anu och'lin שֶׁבְּכָל הַלֵּילוֹת אֲנוּ אוֹכְלִין

chameitz umatzah. מַצָּה.

Ha-laylah hazeh kulo matzah. מַצָּה:

On all other nights we can eat chametz, and matzah; tonight why can we only eat matzah?

Sheb'chol ha-leilot שַבָּכַל הַלֵּילוֹת

anu och'lin sh'ar y'rakot. אַנוּ אוֹכָלִין שָׁאָר יַרָקוֹת

Ha-laylah hazeh maror. מַליֵלָה הַזֵּה מָרוֹר:

On all other nights we can eat any vegetables; tonight why do we have to eat bitter herbs?

Sheb'chol ha-leilot שַבַּכָל הַלֵּילוֹת

ein anu matbilin אַין אָנוּ מַטִבִּילִין

afilu pa-am echat. אַפִּילוּ פַעַם אֶחַת.

Ha-laylah hazeh sh'tei f'amim. הַלַּיֶלָה הַאֶּה שָׁתֵּי פְעָמִים:

On all other nights we don't dip herbs even once; tonight why do we dip twice?

Sheb'chol ha-leilot anu och'lin שַבָּכָל הַלֵּילות אָנוּ אוֹכִלִין

bein yosh'vin uvein m'subin. בין יוֹשָבִין וּבֵין מִסְבִּין.

Ha-laylah hazeh kulanu m'subin הַלַּיֵלָה הַזֶּה כָּלַנוּ מִסְבִּין.

On all other nights we either sit up straight or lean; tonight why do we have to lean?

The Four Children

The **Wise Child** is curious, and asks, "What are the specific guidelines and rules about Passover? What is it that we are supposed to learn from this holiday?"

We try to teach this child everything we know.

The **Wicked Child** doesn't seem to care about Passover, and asks, "Why are you doing these weird things? What do I care about Passover?"

If someone tries to alienate themselves from what others are doing, it is sometimes difficult to include them. We need to try to find a way to let this child see that it is about all of us. It doesn't usually help to answer: "Well, with that attitude, you wouldn't have been freed."

The **Simple or Innocent Child** is full of wonder, and asks, "What is going on? Why is everything so different? Why is everyone doing these strange things?"

We try to use the child's imagination by saying, "I do this because it reminds me when I left Egypt. Try to imagine when you left Egypt with me."

The Child Who Doesn't Know How to Ask Questions is too young or shy or unable to ask anything.

We use all of our senses during the Seder to help the child realize what a wonderful thing it was to celebrate how God freed us from slavery, and how awesome it is for us to celebrate together. We find a wonderful way to tell them the story, even if they can't ask about it.

? = Which child are you? What answers would you give to each of these types of children?

The Passover Story



A long time ago the people prayed to idols. Abraham chose to believe in God. God entered into a covenant with Abraham and his wife, Sarah.

God promised them that they would be the beginning of a great people. They had a son, named Isaac, who married Rebecca and followed in the ways of his parents. Their sons were Esau and Jacob. Jacob followed in the ways of his parents and grandparents. He married Leah and Rachel and had many children. One of his sons was Joseph. Joseph's brothers were jealous of him and sold him. Joseph was taken to Egypt where he had difficult times, but eventually became the viceroy to the Pharoah in Egypt. He helped to make Egypt a powerful country especially at a time when there was no food anywhere else. His brothers came to Egypt looking for food -- and found their long lost brother Joseph. His father Jacob, and all of Jacob's family came to Egypt to live. They lived happily for many generations. Then a Pharaoh took power who did not remember Joseph and the important things Joseph did for Egypt. The Pharaoh made all of Jacob's family work for him as slaves. We worked terribly hard as slaves for more than 400 years. Then God heard our cries for freedom, and finally brought us out of the land of Egypt, and out of slavery.

Cover the matzot. Lift the cup of wine (we still don't drink it for awhile).

√ V'hi she-am'dah

וָהִיא שַׁעָמִדָּה

la-avoteinu v'lanu.

לַאַבוֹתֵינוּ וְלַנְוּ.

God kept the promise that was made to Abraham, and kept the promise to all Jews: In every generation there are people who want to destroy us, but God saves us each time.

Put down the cup of wine. Uncover the matzot.

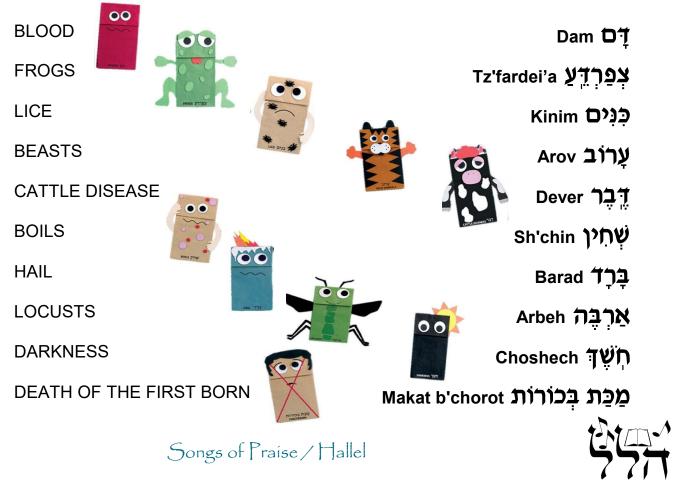
When Israel was in Egypt land -- "Let my people go!" Oppressed so hard they could not stand --- "Let my people go!" Go down, Moses, way down in Egypt land

Tell old Pharaoh -- "Let my people go!"



These are the ten plagues that God sent to Egypt to convince the Pharaoh to let the Children of Israel go:

As we read each plague, we dip our finger in the wine and drip the wine onto our plate. We realize that although the plagues helped to free us from the land of Egypt, the joy is diminished since the Egyptians suffered too, as a result of Pharaoh's evil ways.



God's mighty wonders and awesome powers freed us from the land of Egypt, and then saved us from the Sea of Reeds and the Pharaoh's armies once again. When we were safely across the sea, we were so overjoyed, that we burst into song:

[CHORUS] And the women dancing with their timbrels
Followed Miriam as she sang her song, Sing a song to the One whom we've exalted.
Miriam and the women danced and danced the whole night long.

And Miriam was a weaver of unique variety.

The tapestry she wove was one which sang our history.

With every thread and every strand she crafted her delight.

A woman touched with spirit, she dances toward the light. [CHORUS]



Dayenu

The word "Dayenu!" means, "it would have been enough for us!" We would be grateful for even one of God's miracles, but there are so many.

? = What do you have in your life that is a "Dayenu" - if you had nothing else, it would still be enough?

אַלוּ הוֹצִיאָנוּ מִמִּצְרְיִם, llu hotzi-anu mimitzrayim, אָלוּ הוֹצִיאָנוּ מִמִּצְרְיִם, dayeinu. דּיֵנוּיּ

If God had brought us out of Egypt: It would have been enough for us.

Ilu natan lanu et haShabbat,

אָלוּ נַתַן לַנוּ אָת־הַשַּׁבַּת,

If God had given us the Sabbath: It would have been enough for us.

Ilu natan lanu et haTorah,

אָלּוּ נַתַן לַנָוּ אֱת־הַתּוֹרָה,

If God had given us the Torah: It would have been enough for us.

Seder Plate

Over the years, communities around the world have been adding their own symbolic foods to the Seder plate to keep modern-day struggles in mind even as they commemorate our ancient one. Here are some of the most popular:



What is on your table? Understanding the things on the seder plate helps us take the journey from slavery to freedom each year.

? = Do you have other explanations for what is on your Seder plate? Can you think of other things you would put on your own Seder plate?



Point to each of these things as we describe them:

Z'roa is the roasted shank bone [or roasted beet]. It reminds us of the sacrifice of the Passover lamb, which was part of the commandment that helped God pass over the homes of the Children of Israel.



Maror is a bitter herb, which on our table is horseradish. *Maror* reminds us of the bitterness and pain of slavery.



Hazeret is also *maror*, usually romaine lettuce.

Haroset is a mixture of chopped apples, nuts, wine, and spices, and sometimes other yummy stuff. It reminds us of the bricks and mortar Jewish slaves had to make when they built cities for Pharaoh in Egypt.



Karpas is a green vegetable like parsley or watercress. It reminds us of spring and rebirth.



Baytzah is a roasted, hard-boiled egg. It is a symbol of life and renewal. It also reminds us of the offerings our ancestors made long ago when they prayed in the Temple in Jerusalem to give thanks for their fertile fields and flocks every spring-time.



The Story of the Five Rabbis

In many Haggadot we read a story about five Rabbis (Rabbi Eliezer, Rabbi Yehoshua, Rabbi Elazar ben Azariah, Rabbi Akiva and Rabbi Tarfon). They had a Seder that lasted until the morning - and their students had to tell them that it was time for the morning prayers. These five Talmudic sages aren't just random wise men. They're the wisest rabbis in the period directly following the destruction of the Temple in 70 CE. This nocturnal meeting we read about, then, wasn't just a leisurely Seder, or about Rabbis who are so religious that they don't know when to end their Seder. It might well have been a discussion on how to continue and sustain Judaism now that its beating heart, the Temple in Jerusalem, was no more. If nothing else, we should learn from these men that even in the shadow of a great tragedy, faith and friendship always find the way to move forward.

? = If you were to reinvent Judaism today, what would you change?



In every generation, each of us must see ourselves as if we, ourselves came out of Egypt, as it is written: And you shall tell your child on that day, saying: This is what God did for me, when I came out of Egypt (Exod. 13:8)

The Holy One who is Praised did not redeem only our ancestors, but delivered us as well, as it is said: God redeemed us from that place, in order to bring us out and to give us the land that God had promised to our ancestors. (Deut. 6:23)



Our Deliverance: The Second Cup

We drink the second cup of wine to recall God's promise of liberation: "I will deliver you from their bondage..." (Ex 6.6)



Baruch atah A-do-nai. Eloheinu melech ha-olam, borei p'ri hagafen.

ָבָרוּדְ אַתָּה ה', אֱלֹהֵינוּ מֵלֶדְ הָעוֹלָם, בּוֹרֵא פִּרִי הַגָּפֵן

Praised are You, our Eternal God, Ruler of the universe, who creates the fruit of the vine.



Drink the second cup of wine

Washing Hands Before Eating / Rochtza

We wash our hands again to remind us how important it is to make a frest start. This time we say the blessing:

Baruch atah A-do-nai, בַרוּך אַתַּה ה', אֱלהֵינוּ מֱלֶדְ הָעוֹלָם, Eloheinu melech ha-olam, asher kid'shanu b'mitzvotav, אָשֵׁר קדִשָּׁנוּ בִּמִצְוֹתָיו, וְצְוַנוּ עַל נְטִילַת יַדֵיִם: v'tzivanu al n'tilat yadayim.

Praised are You, our Eternal God, who made us holy with Your commandments, and commanded us about washing hands.

We pass out pieces from the top and middle matzot, and wait for both of the next blessings, before we eat the matzah:

Blessing Before Bread / Motzi



We always thank God for giving us bread to eat:

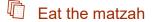
Baruch atah A-do-nai, בְּרוּדְ אַתָּה ה',
Eloheinu melech ha-olam, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם,
hamotzi lechem min ha-aretz.

Praised are You, our Eternal God, who brings forth bread from the earth.

Eloheinu melech ha-olam, בְּרוּךְ אַתָּה ה',
בּרוּךְ אַתָּה ה',
Eloheinu melech ha-olam, אֱלֹהֵינוּ מֱלֶדְ הָעוֹלֶם,
asher kid'shanu b'mitzvotav

v'tzivanu al achilat matzah.

Praised are You, our Eternal God, who made us holy with Your commandments, and commanded us about eating matzah.







Put a little bit of maror (horseradish) on some matzah, and wait for the blessing:

Bitter Herbs / Maror



We remember how bitter slavery was by fulfilling the commandment of eating the bitter herb.

בָרוּךְ אַתָּה ה' Baruch atah A-do-nai אַלהֵינוּ מֵלֶךְ הָעוּלָם, Eloheinu melech ha-olam, אַשֵּׁר קִדִּשָׁנוּ בִּמִצִוֹתָיו asher kid'shanu b'mitzvotav וִצְנֵנוּ עַל אֲכִילַת מַרור: v'tzivanu al achilat maror.

Praised are You, our Eternal God, who made us holy with Your commandments, and commanded us about eating maror.



Put a little bit of maror (horseradish) and charoset on some matzah, and wait for the story:

Hillel Sandwich / Korech

We remember the days when the Temple stood in Jerusalem, and Rabbi Hillel combined matzah and maror in a sandwich and ate them together, to fulfill the teaching in Torah: They shall eat it with matzah and maror (Num. 9:11)







? = When the meal is complete we are supposed to say a blessing. Consider taking time while the children are trying to find the Afikoman to go around the table, and have every person speak from the heart and bless the person sitting next to them.

Finding Afikoman / Tzafun

After the meal is finished, the children search for the afikoman. Finding it earns a reward. Everyone shares a piece of the afikoman and the seder continues. After eating the afikoman, it is customary not to eat anything else.

Blessing After the Meal / Barech



When we say blessings we are developing the art of appreciation and gratitude, thereby deepening our relationship with God.

All living things need food. Thank you G-d, Source of food for all:

Baruch atah A-do-nai, hazan et hakol.

בַרוּדָ אַתַּה ה',

בַּזָן אֵת הַכֹּל:

Praised are You, our Eternal God, who nourishes everything.

Our Redemption: The third cup of Wine

We drink the third cup of wine to recall God's promise of freedom: "I will redeem you with an outstretched arm..." (Ex 6.6)

Raise the third cup of wine and say the blessing before drinking:



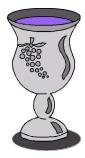
Baruch atah A-do-nai, Eloheinu melech ha-olam, borei p'ri hagafen.

בָּרוּדְ אַתָּה ה',: אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם, בּוֹרֵא פָּרִי הַגַּפֵן

Praised are You, our Eternal God, Ruler of the universe, who creates the fruit of the vine.

Drink the third cup of wine

Elijah's Cup



This beautiful wine cup is placed in the center of our table waiting for an honored guest: Eliyahu, Elijah the prophet.

Long ago, Elijah protected the Jews from an evil king and queen. He healed the sick and helped the weak. When his days on earth were over, legend says Elijah rode up into the sky on a chariot of fire.

Legends also tell us that this mysterious man returns to earth to help the helpless, to answer the unanswerable, and to remind us that some day, when the Messiah comes, all people will be free.

All over the world, in every Jewish home, children open the door on Passover to invite Elijah to enter. Perhaps tonight he will honor us and enter our home. Our hope makes a bridge between heaven and earth.



Open the door to welcome him as we read these words:

Behold, I will send you Elijah the prophet, and he will turn the hearts of the parents to the children and the hearts of the children to the parents before the coming of the great and awesome Day of the the Eternal (Malachi 3:23-24)



Im Mashiach ben David

As we close the door, J we sing Elijah's song:

Eliyahu haNavi Eliyahu haTishbi אֱלַיָּהוּ הַנָּבִיא אֱלַיָּהוּ הַתִּשְׁבִּי אַליָהוּ הַגִּּלעָדִי. Eliyahu haGiladi, בִּמְהֵרָה בְיָמֵינוּ יָבוֹא אֵלֵינוּ Bimheira v'yameinu Yavo Eleinu

עם מַשִּׁיחַ בֵּן-דַּוִד:

Elijah the prophet, Elijah the Tishabite, Elijah the Giladite, May he come soon, in our day.

It is said that in each generation Elijah the prophet returns disguised as a poor, stranger. He knows by the way people treat him whether the world is ready for the Messiah. Do you think we are ready yet?

Miriam's Cup

There is a tradition that Miriam the Prophetess helped to sustain the spirits of the Children of Israel in Egypt and during the long journey through the desert to the promised land. Miriam's Well followed the Children of Israel through the wilderness and provided water for drinking. Let us remember her at our seder. We have a glass of water here to symbolize Miriam's sustaining waters.



Our Desting: The fourth cup of Wine

We drink the fourth cup of wine as we conclude our Seder with hope and with joy. We know we are partners with God to bring freedom to all who are captive and bring peace to our world.



Raise the fourth cup of wine and say the blessing before drinking:

Baruch atah A-do-nai, Eloheinu melech ha-olam, borei p'ri hagafen.

בַּרוּדְּ אַתַּה ה',: אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם, בּוֹרֵא פְּרִי תַּגְּפֶן

Praised are You, our Eternal God, Ruler of the universe, who creates the fruit of the vine.



Drink the fourth cup of wine

Conclusion



This Seder is complete, and has been prepared according to the guidelines of our traditions. We hope that (even if it was not perfect) the insights we have gained inspire us to continue to pursue freedom, and enhance our connection to our people, traditions, and faith.



Before we leave, let's sing some fun songs:



CHAD GADYA (An Only Kid)
Then came the Holy One, Blessed be
God,

God,
And destroyed the angel of death
That slew the butcher
That killed the ox
That drank the water
That quenched the fire
That burned the stick
That beat the dog
That bit the cat
That ate the kid
My father bought for two zuzim
Chad gadya Chadya

אֶחָד אֱלֹהֵינוּ שֶׁבַּשָּׁמַיִם וּבָאָרֶץ אֶחָד מִי יוֹדֵעַ! אֵחָד אַנִי יוֹדֵעַ: שני לחות הברית שָׁנַיָם מִי יוֹדֵעַי שָׁנַיָם אֲנִי יוֹדֵעַ: שׁלשַה אַבוֹת ּ שָׁלשַה מִי יוֹדֵעַי שָׁלשַה אֵנִי יוֹדֵעַ: אַרְבַּע אָמַהוֹת אַרבַע מִי יוֹדֵעַ! אַרבַע אַנִי יוֹדֵעַ: חַמִשָּׁה חוּמִשֵּׁי תוֹרָה ַ חַמִשָּׁה מִי יוֹדֵעַ! חַמִשָּׁה אֲנִי יוֹדֵעַ: שָּשַׁה מִי יוֹדֵעַי שָּשַׁה אַנִי יוֹדֵעַ: ששה סדרי משנה שָׁבָעַה מִי יוֹדֶעַי שָׁבָעַה אֲנִי יוֹדֶעַ: שָׁבָעַה יָמֵי שַׁבַּתַּא שָׁמוֹנַה מִי יוֹדֶעַי שָׁמוֹנַה אָנִי יוֹדֶעַ: שִׁמוֹנַה יִמֵי מִילַה תִּשָּׁעַה מִי יוֹדֵעַ! תִּשָּׁעַה אֲנִי יוֹדֵעַ: תִּשִּׁעַה יַרְחֵי לַדַה עשַׂרַה דָּבָּרַיַא אַנִי יוֹדֵעַ: עשַׂרַה דָבָּרַיַא אַחַד עָשָׂר מִי יוֹדֵעַ? אַחַד עָשָׂר אָנִי יוֹדֵעַ: אַחַד עָשָׂר פּוֹכְבַיָּא שָׁנִים עַשַּׂר מִי יוֹדֶעַי שָׁנִים עַשַּׂר אָנִי יוֹדֶעַ: שָׁנִים עַשַּׂר שָׁבָטַיַּא שָׁלשָׁה עַשַּׂר מִי יוֹדֵעַי שָׁלשָׁה עַשַּׂר אַנִי יוֹדֵעַ: שָׁלשַׁה עַשַּׂר מִדַּיַא

(Only final verse shown here)

Who knows thirteen? I know thirteen! Thirteen are the attributes of G-d; Twelve are the tribes of Israel; Eleven are the stars in Joseph's dream; Ten commandments were given at Sinai; Nine are the months to childbirth; Eight are the days to circumcision; Seven days there are in a week; Six sections the Mishnah has; Five books there are in the Torah; Four is the number of the matriarchs; Three is the number of the patriarchs; Two are the tablets of the covenant; One is our God in heaven and earth.

B'nai Zion Seder p. 22

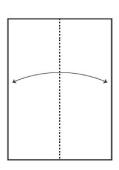
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With insertions and inspirations from Aish.com, The Animated Haggadah, My Very Own Haggadah, The Chagall Hagaddah, Temple Israel Congregational Passover Seder Hagaddah, The Family Haggadah by Ellen Schecter, Seder Q&A B.R. Liener, Free-Bitsela.com, YouTube, The UnOrthodox Haggadah from Tablet Magazine

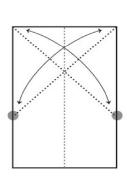
Compiled by Rabbi Dr. Jana L. De Benedetti B'nai Zion 245 Southfield Road Shreveport, LA 71105
www.BnaiZionCongregation.org www.HebrewDoc.com
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http://www.hebrewdoc.com/Holidays/Passover

PASSOVER ORIGAMI FROGGIES

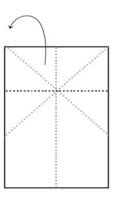
Follow these instructions to make bouncy origami froggies for Passover. (Definitely more fun than the ones the Egyptians had to deal with!)



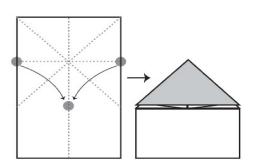
Start with a rectangular sheet of paper, white side up.
 Fold it in half,
 and open out again.



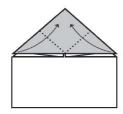
 Fold both top corners to the opposite edge of the paper. Your creases should look like this.



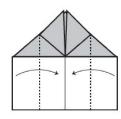
Where the diagonal creases meet in the middle, fold the paper backwards, crease well, and open.



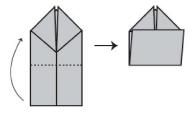
Holding the paper at the sides
bring these points down to the center line,
then flatten. The creases should do
most of the work here!



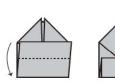
Fold the uppermost triangles up to the top point.



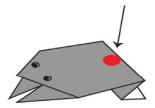
Fold sides in to meet the center crease.



7. Fold the bottom of the paper upwards so that the end sits in the center of the top diamond.



Now fold the same part downwards, in half.



9. Turn over, and your froggy is finished! Press down on his back, as shown, to make him jump. Boing boing!



Can you identify these parts of the Seder? Did we do them all? Go home, stay safe, have a great Passover!

Greens Karpas	Hand Washing Rachtzah	11 Festive Meal Shulchan Orech	Hillel Sundwich Korech	Calls.
Hand Washing Ur chatz	Finding Aftkoman Tzafun	Motzi & Matzah		Fascott Solor Fig account of the solor o
First Cup of Wine Kadash		Blessing After the Meal Barech	Conclusion Nirtzah	
Songs of Praise Hallel	EUJAH CUP		CHAROSET =	5 Telling the Story Maggid
	4 Dividing Middle Matzah Yachatz			The state of the s

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